



Health literacy month 2026: Week 3

Build skills and confidence

Health literacy month has a different focus each week:

Week 1: Make systems easier to navigate

Week 2: Provide information people can trust and use

Week 3: Build skills and confidence

Week 4: Design services that work for everyone

Scan the QR below or visit

<https://www.healthliteracyhub.org.au/health-literacy-month/>

